

Instructed by:
Debbie Burton &
Alice Faye

ZUMBA



**At Shelburne
Regional High School**

**Wednesdays
7:15-8:15pm**

NEW! Drop-in now
available \$6/class

Zumba is a Latin-inspired fitness program that combines easy to follow dance and aerobic moves to create a one of kind workout! Come out and try it. We're sure that you'll love it!

Session 1: January 11th to February 29th (8 weeks)

Session 2: March 21st to May 9th (8 weeks)

Session 3: May 16th to June 13th (5 weeks)

8 week sessions \$40

5 week session \$25

**TO PRE-REGISTER FOR THIS CLASS PLEASE
CONTACT LISA @ 875-2831 OR
community.srhs@tcrsb.ca**