

## July 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Canada Day
2	3	4	5	6	7	8
		Summer Kick Off WP				
		Swimming Lessons WP				
9	10	11	12	13	14	15
	Kids in the Kitchen 5-7 (AM), 8-12 (PM) SRHS			Founders Days Face Painting		
	Games, Sports & More 8-12 (AM), 5-7 (PM) SRHS			Swimming Lessons WP (AFT/EVE)		
16	17	18	19	20	21	22
	Out & About IP					
	Swimming Lessons LP (AM)					
			Outdoor Movie - IP			
23	24	25	26	27	28	29
	Wet n Wild WP					
	Swimming Lessons WP					
30	31					
	Creative Camp CA					
	Lake Days CA					
	Swimming Lessons LP (AM)					

## August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Creative Camp CA (AM)				
		Lake Days CA				
		Swimming Lessons LP (AM)				
6	7 Natal Day	8	9	10	11	12
		Ocean 2 Ocean SP				
		Kayaking and Canoeing WP (AM)				
		Exhibition Parade	Adult Kayak Clinic			
13	14	15	16	17	18	19
	Eco-Explorer IP					Kayak - "Try It"
	Outdoor Adventure IP (AM)					
	Swimming Lessons WP (AFT/EVE)					
	Nighttime Escapades					
20	21	22	23	24	25	26
	Last Blast WP					
	Swimming Lessons WP					
			Outdoor Movie			
27	28	29	30	31		

Location:	IP	Islands Park	CA	Camp Avalon	Camp & Time:	Purple	Full Day - 9am-4:30pm	Blue	Swim Lessons
	WP	Welkum Park	SRHS	Shelburne Regional Highschool		Green	Half Day - AM 9am-12 noon	Yellow	Times vary
	SP	Sandy Point Comm. Centre	LP	Lockeport Cottages & Campground			- PM 1pm-4:30pm		

## Registration

To register for our programs please call us at 902-875-3544 ext. 230 or stop by the summer staff office located at 136 Hammond Street on the third floor.  
sumrec@municipalityofshelburne.ca

Payment is required before the beginning of each camp.

## Pickup and Drop-off

Staff are on site 30 min. before camp starts and remain on site until the last child is picked up. Upon request, staff can be on site as early as 8am for drop off and 5pm for pick up. Children are supervised the entire time they are in camp (including pre/post camp and lunch).

## Camp Checklist

- Prepare for a day outside
- Wear appropriate footwear (sneakers) and clothing for the activity you are attending.
- Apply sunscreen before you come to camp.
- Pack a bathing suit and towels.
- When attending an all day camp bring a lunch, two snacks and **LOTS** to drink.
- When attending a ½ day camp bring a snack and **LOTS** to drink!

## Other Recreation Opportunities in the Municipality

**Black Loyalist Heritage Society Multicultural Camps**  
July 24th-28th, 9am - 4pm, \$60. Bursaries available.  
Contact Kaitlyn 902-875-1310

**Shelburne Sailing School** will be offering week long Learn to Sail Programs throughout the summer.  
Contact SHYC 902-875-4757 or www.shyc.ca/sailing school

**River Hills Golf & Country Club** will be offering Free Youth Golf Lessons the first Tuesday in July.  
Contact Ben Doane 902-637-2415 or www.riverhillsgolf.ca

**Osprey Arts Centre** Drama Camp July 3rd - 14th (2 week camp), 9:30am - 2:30pm, \$75/week.  
Contact Alex Buchanan 902-875-2359 or www.ospreyartcentre.ca

**Art Studio 138** is an interactive space for children and adults to come and create. A variety of art based activities and programs are offered to all ages.  
138 Water Street, Shelburne NS. 902-875-4797

## Kids FairPlay FUNd & Canadian Tire Jumpstart

The **Kids FairPlay FUNd** is a confidential sport, recreation, and cultural assistance program set up to reduce financial barriers for Shelburne County kids and youth under the age of 19. Information and applications are available from the Recreation Departments in Shelburne County and can be downloaded from the Recreation & Parks section of [www.municipalityofshelburne.ca](http://www.municipalityofshelburne.ca). This program works in cooperation with Canadian Tire Jumpstart.



## HIGH FIVE - the best way to play!

Our recreation department is proud to be a HIGH FIVE member committed to achieving high quality programming and safety standards in children's recreation and sport.

## POLICIES

**Sun Safety Policy** - This policy aims to ensure that Municipal Recreation staff will take measures to protect program participants against the harmful effects of the sun.

**Affordable Access to Recreation Policy** - This policy aims to ensure that Municipal Recreation services, programs and facilities will be planned, delivered and evaluated to ensure they are affordable, inclusive and responsive to needs and interests.

**Inclusive Recreation Policy** - This policy aims to ensure that individuals with intellectual, physical and sensory disabilities and mental health challenges feel welcomed, included and supported in Municipal Recreation supported programs and facilities.

**Healthy Eating in Municipal and Recreation Settings Policy** - This policy aims to ensure that healthy food environments will be provided in Municipal and recreation settings. A healthy food environment is supportive of and encourages eating healthy foods and beverages by making them available, appealing and affordable.

## SOUTH SHORE CONNECT

SouthShoreConnect.ca is a one-stop online resource for all active living and physical activity options and programs across the South Shore. With a database that is searchable by location, interest, and organization as well as a news and events section, residents can find the right fit for them and their families. For all the information visit [www.southshoreconnect.ca](http://www.southshoreconnect.ca)

## Contact Information

Phone: 902-875-3544 ext. 230  
Email: [sumrec@municipalityofshelburne.ca](mailto:sumrec@municipalityofshelburne.ca)  
[www.municipalityofshelburne.ca](http://www.municipalityofshelburne.ca)

## Program Locations

- 1 The Islands Park: . . . . . 183 Barracks Rd, Shelburne, NS
- 2 Sandy Point Community Centre: 1586 Sandy Point Rd, Shelburne, NS
- 3 Black Loyalist Heritage Centre: 119 Old Birchtown Rd, Birchtown, NS
- 4 Welkum Park: . . . . . 8946 Upper Clyde Rd, Shelburne, NS
- 5 Shelburne Regional High School: 415 Woodlawn Drive, Shelburne, NS
- 6 Lockeport Cottages and Campground: . . . . . 3318 Lydgate, Shelburne, NS
- 7 Camp Avalon: . . . . . 8051 Highway 103, Shelburne, NS
- 8 Shelburne Museum Complex: . . . . . Dock Street, Shelburne, NS

## Tourism Interpretive Site Locations

- 1 Interpretive Site District # 1at Civic # 13 Quinns Road
- 2 Interpretive Site District # 2at Civic # 1623 Shore Road
- 3 Interpretive Site District # 3at Civic # 1584 Sandy Point Road
- 4 Interpretive Site District # 4at Civic # 35 Doreys Bridge Road
- 5 Interpretive Site District # 5at Civic # 146 Hayden's Road
- 6 Interpretive Site District # 6at Civic # 611 West Green Harbour Road
- 7 Interpretive Site District # 7at Civic # 140 Hwy 3 Sable River



Municipality of Shelburne  
Recreation & Parks  
Department

# Summer FUN Guide 2017

OUTDOOR  
RECREATION,  
SPORT, ARTS  
AND  
CULTURE,  
DAY CAMPS  
AND MORE!

## SUMMER STAFF:

**Program Coordinators:**  
Garrett Chetwynd & Becky Buchanan

## Program Assistants:

Brendan Balcom, Rachel deMolitor, Ryan Hardy  
**Head Swim Staff:** Ethan Nickerson  
**Assistant Swim Staff:** Zac Nickerson  
**Office Manager:** Krystyna Brown

902-875-3544 ext. 230  
[sumrec@municipalityofshelburne.ca](mailto:sumrec@municipalityofshelburne.ca)  
[www.MunicipalityofShelburne.ca](http://www.MunicipalityofShelburne.ca)





### Summer Kick Off

Come help us kick off summer at Welkum Park with a barbeque and fun at the beach! Meet new friends and try out a variety of awesome games at our first camp of the summer.

<b>July 4th - 7th</b>	<b>Time:</b> 9am - 4:30pm <b>Ages:</b> 5 - 12 <b>Fee:</b> \$32 each or \$48 family with Swimming Lessons \$60 each or \$100 family
	<b>Location:</b> Welkum Park

### Kids in the Kitchen

This week long camp will teach children kitchen safety and how to make healthy choices through fun activities and hands on cooking experience. Each day the children will cook and enjoy a nutritious meal, and will receive a recipe book at the end of the week to continue practicing their cooking skills at home!

**\*Make it a full day! Register for Games, Sports & More (supervised between camps)**

<b>July 10th - 14th</b>	<b>Time:</b> 9:00am - 12:00pm <b>Ages:</b> 5 - 7 <b>Time:</b> 1:00pm - 4:30pm <b>Ages:</b> 8 - 12 <b>Fee:</b> \$25 each or \$40 family <b>Location:</b> SRHS
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### Games, Sports & More

Come and join us for a fun filled three hours of classic games, new games & sports in the gym and outdoors. High energy, low energy, adventurous and more!

**\*Make it a full day! Register for Kids in the Kitchen (supervised between camps)**

<b>July 10th - 14th</b>	<b>Time:</b> 9:00am - 4:30pm <b>Ages:</b> 8 - 12 <b>Time:</b> 1:00pm - 4:30pm <b>Ages:</b> 5 - 7 <b>Fee:</b> \$25 each or \$40 family <b>Location:</b> SRHS
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### Out & About

Join us as we explore The Islands Park as well as Shelburne & Area! We have two day trips planned to explore The Shelburne County Museum Complex, Graham's Park (Splash Pad) and The Black Loyalist Heritage Centre! We will have our usual games and activities as well. It's sure to be a fun filled week!

<b>July 17th - 21st</b>	<b>Time:</b> 9:00am - 4:30pm <b>Age:</b> 5 - 12 <b>Fee:</b> \$40 each or \$60 family <b>Location:</b> The Islands Park
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## CANADA 150

### TRAIL ADVENTURE GUIDE BOOK

The Trail Adventures in Municipality of Shelburne Guidebook contains fun and engaging activities for families and groups to experience our wonderful Municipal trails. Through discovery and exploration, participants will learn about the trails and nature in general. The Trail Adventures Guidebook will be launched this summer accompanied by events and chances to win your very own Guidebook. Activities are being planned and will be promoted when ready. Stay tuned by checking online at Facebook/ Municipal Recreation Parks or call 902-875-3544 ext 229.

### WATER SPORTS AT FOUNDER'S DAYS

Municipality of Shelburne is partnering with the Town of Shelburne and the Shelburne County Museum Complex in planning, coordinating and hosting a variety of activities to celebrate Canada's 150th anniversary. During Shelburne Founder's Days, July 14-16, the Municipality will host several water sports for a variety of ages including lobster crate races, canoe jousting and small boat races (TBD). The schedule is being planned and will be promoted when ready. Stay tuned by checking online at Facebook.com/Municipal Recreation Parks or call 902-875-3544 ext 229.

### Wet n Wild

Nothing but fun at this beach camp! We'll play games; make crafts, swim, paddleboat and more. We'll even have a barbeque! Come prepared for a week at the beach!

<b>July 24th - 28th</b>	<b>Time:</b> 9:00am - 4:30pm <b>Ages:</b> 5 - 12 <b>Fee:</b> \$40 each or \$60 family with Swimming Lessons \$75 each or \$125 family <b>Location:</b> Welkum Park
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### Lake Days

Join us for a fun filled week at Camp Avalon! There will be fishing, archery, swimming, outdoor games, crafts, and so much more! End the week with our annual "Make Your Own Sandwich Day", and a mock "Hunger Games".

<b>July 31st - August 4th</b>	<b>Time:</b> 9:00am - 4:30pm <b>Ages:</b> 5 - 12 <b>Fee:</b> \$40 each or \$60 family <b>Location:</b> Camp Avalon
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### Creative Camp

Come touch on your creative side with a number of different crafts, creative activities and games. The week will include a number of special guests and new crafts to try!

**\*Make it a full day! Register for Lake Days for the afternoon (supervised between camps)**

<b>July 31st - August 4th</b>	<b>Time:</b> 9:00am - 12:00pm <b>Age:</b> 5 - 12 <b>Fee:</b> \$25 each or \$40 family <b>Location:</b> Camp Avalon
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### Ocean 2 Ocean

Come and learn about the creatures of the ocean and explore the beautiful Sandy Point Lighthouse Beach. We'll collect shells, make crafts and play lots of fun ocean themed games!

<b>August 8th - 11th</b>	<b>Time:</b> 9:00am - 4:30pm <b>Ages:</b> 5 - 12 <b>Fee:</b> \$32 each or \$48 family <b>Location:</b> Sandy Point Lighthouse Community Centre
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### Kayaking and Canoeing

Come out and learn the basics of Kayaking and Canoeing at Welkum Park! Lifeguard on site, led by certified instructors. Limited Space available.

<b>August 8th - 11th</b>	<b>Time:</b> 9:00am - 12:00pm <b>Ages:</b> 10 - 12 <b>Fee:</b> minimum \$10 donation to Canadian Tire Jumpstart <b>Location:</b> Welkum Park
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### Outdoor Adventure

Sample a variety of outdoor recreation activities on both land and water including archery, hiking, navigation, shelter building, fire building and canoeing. There will also be a geo-caching hike along the trail to the "Graham's Park splash pad".

**\*Make it a full day! Register for Eco-Explorer (supervised between camps)**

<b>Aug. 14th - 18th</b>	<b>Time:</b> 9:00am - 12:00pm <b>Ages:</b> 10 + <b>Fee:</b> \$25 or \$40 family <b>Location:</b> The Islands Park
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### Eco-Explorer

Come explore nature and learn about sustainability and the environment through fun games, crafts, planting and adventurous nature hikes.

<b>Aug. 14th - 18th</b>	<b>Time:</b> 9:00am - 4:30pm <b>Ages:</b> 5 - 12 <b>Fee:</b> \$40 each or \$60 family <b>Location:</b> The Islands Park
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### Last Blast

It's your last chance to have a blast! We're taking the best parts of the summer and putting them into one fun filled camp. Come prepared for a variety of outdoor and beach activities, including water games, swimming and a sandcastle building competition.

<b>Aug. 21th - 25th</b>	<b>Time:</b> 9:00am - 4:30pm <b>Ages:</b> 5 - 12 <b>Fee:</b> \$40 each or \$60 family with Swimming Lessons \$75 each or \$125 family <b>Location:</b> Welkum Park
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## Special Events

### Founders Days Face Painting

Check out our face painting booth during Founders Days Weekend!

<b>July 14th</b>	<b>Time:</b> 6:00pm - 8:00pm <b>Fee:</b> FREE <b>Location:</b> Fisherman's Memorial, Dock Street
<b>July 15th</b>	<b>Time:</b> 1:00pm - 4:00pm <b>Fee:</b> FREE <b>Location:</b> Fisherman's Memorial, Dock Street

### Outdoor Movie Nights

Bring a blanket, chair and some munchies to enjoy the movie. Featured movies will be advertised on our Facebook page "Municipal Recreation Parks".

<b>July 20th &amp; August 24th</b>	<b>Time:</b> Starts at dusk <b>Ages:</b> All <b>Fee:</b> FREE <b>Location:</b> The Islands Park
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### Adult Kayaking Clinic

Qualified instructor will teach the basics of kayaking. Kayaks, paddles and PFD's provided. Lifeguard on site. Must pre-register! Call 875-3544 ext. 230.

<b>August 9th</b>	<b>Time:</b> 6:30 - 8:00pm <b>Ages:</b> Adult <b>Fee:</b> FREE <b>Location:</b> Welkum Park, Welshstown
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### Nighttime Escapades

Come out and experience The Islands Park at night! We will be playing games and having fun in the dark! Includes campfire, songs, stories and s'mores!

<b>August 16th</b>	<b>Time:</b> 8:00pm - 11:00pm <b>Ages:</b> 7 + <b>Fee:</b> FREE <b>Location:</b> The Islands Park
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### Kayak "Try It" Session

Give kayaking a try! Qualified instructor will teach you the basics in a safe and controlled environment. Kayaks, paddles and PFD's all provided. Children must be accompanied by an adult. Part of the Shelburne Kayak Festival taking place August 19-21 at Islands Park.

<b>August 19th</b>	<b>Time:</b> 10:00am - 12:00pm <b>Ages:</b> 10 + <b>Fee:</b> FREE <b>Location:</b> The Islands Park boat launch
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### Red Cross Swimming Lessons

**How swimming lessons are scheduled:** Swimming lessons are scheduled based on the levels being taught and the number of participants. For example, Level 1 lessons will be scheduled at a different time than Level 5. Levels that are close (i.e. Levels 1&2) may be combined if registration numbers are manageable. Actual lesson times are determined once the majority of registrations have been received.

**How to register:** Call 875-3544 ext. 230 and provide your child's name, age, last completed Level and the swim session dates. You will then be notified the week before of your child's lesson time.

#### Swim Session 1

<b>July 4th - 7th</b>	<b>Time:</b> Mornings or Afternoons <b>Fee:</b> \$35 each or \$55 family <b>Location:</b> Welkum Park, Welshstown <b>All Red Cross Levels taught</b>
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#### Swim Session 2

<b>July 10th - 14th</b>	<b>Time:</b> Afternoons and Evenings <b>Fee:</b> \$40 each or \$70 family <b>Location:</b> Welkum Park, Welshstown <b>All Red Cross Levels taught</b>
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#### Swim Session 3

<b>July 17th - 21st</b>	<b>Time:</b> Mornings <b>Fee:</b> \$40 each or \$70 family <b>Location:</b> Lockport Cottages and Campground <b>Red Cross Levels 1-4 taught</b>
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#### Swim Session 4

<b>July 24th - 28th</b>	<b>Time:</b> Mornings or Afternoons <b>Fee:</b> \$40 each or \$70 family <b>Location:</b> Welkum Park, Welshstown <b>All Red Cross Levels taught</b>
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#### Swim Session 5

<b>July 31th - August 4th</b>	<b>Time:</b> Mornings <b>Fee:</b> \$40 each or \$70 for family <b>Location:</b> Lockport Cottages and Campground <b>Red Cross Levels 1-4 taught</b>
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#### Swim Session 6

<b>Aug. 14th - 18th</b>	<b>Time:</b> Afternoons and Evenings <b>Fee:</b> \$40 each or \$70 family <b>Location:</b> Welkum Park, Welshstown <b>All Red Cross Levels taught</b>
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#### Swim Session 7

<b>Aug. 21st - 25th</b>	<b>Time:</b> Mornings or Afternoons <b>Fee:</b> \$40 each or \$70 family <b>Location:</b> Welkum Park, Welshstown <b>All Red Cross Levels taught</b>
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