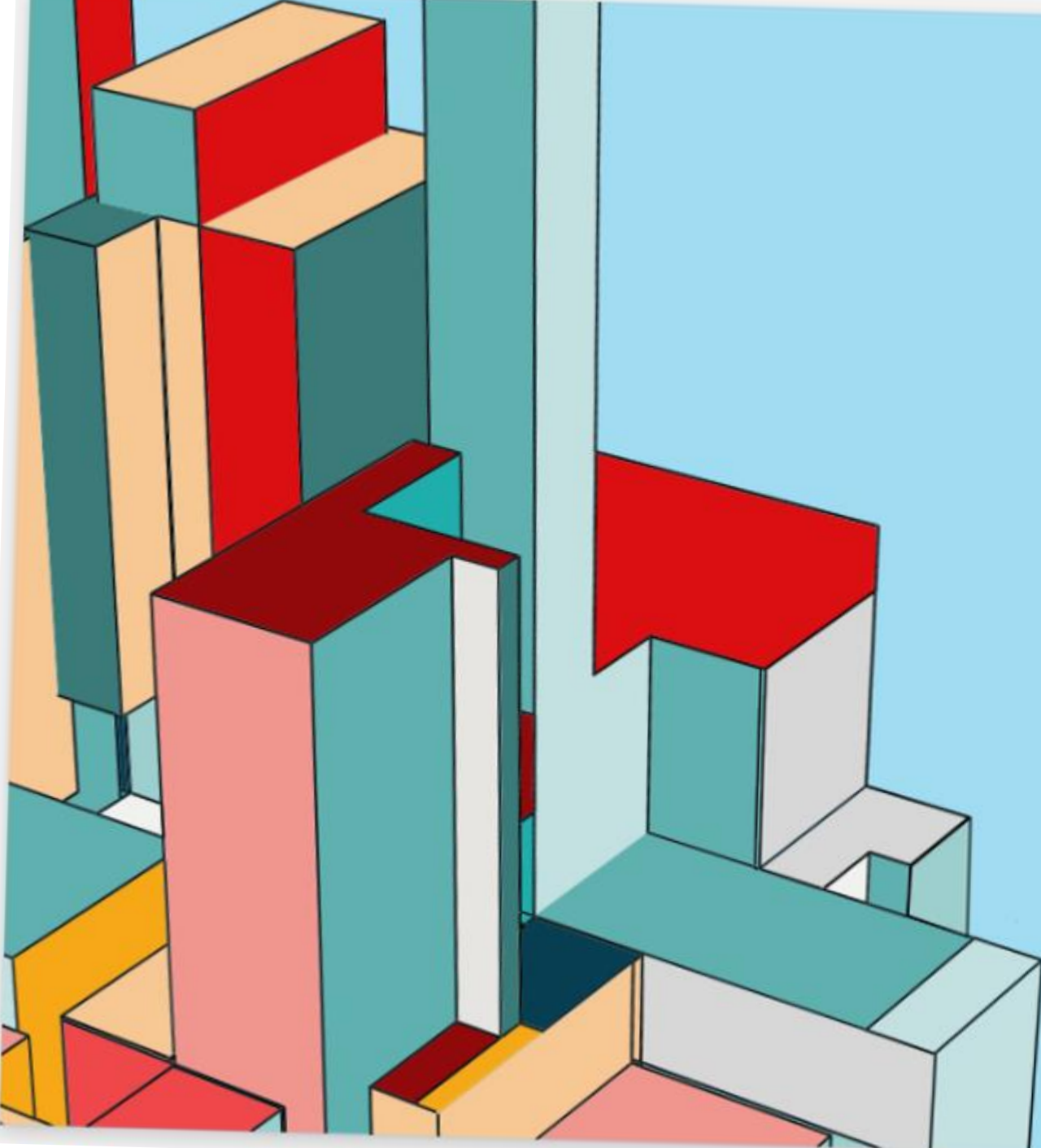


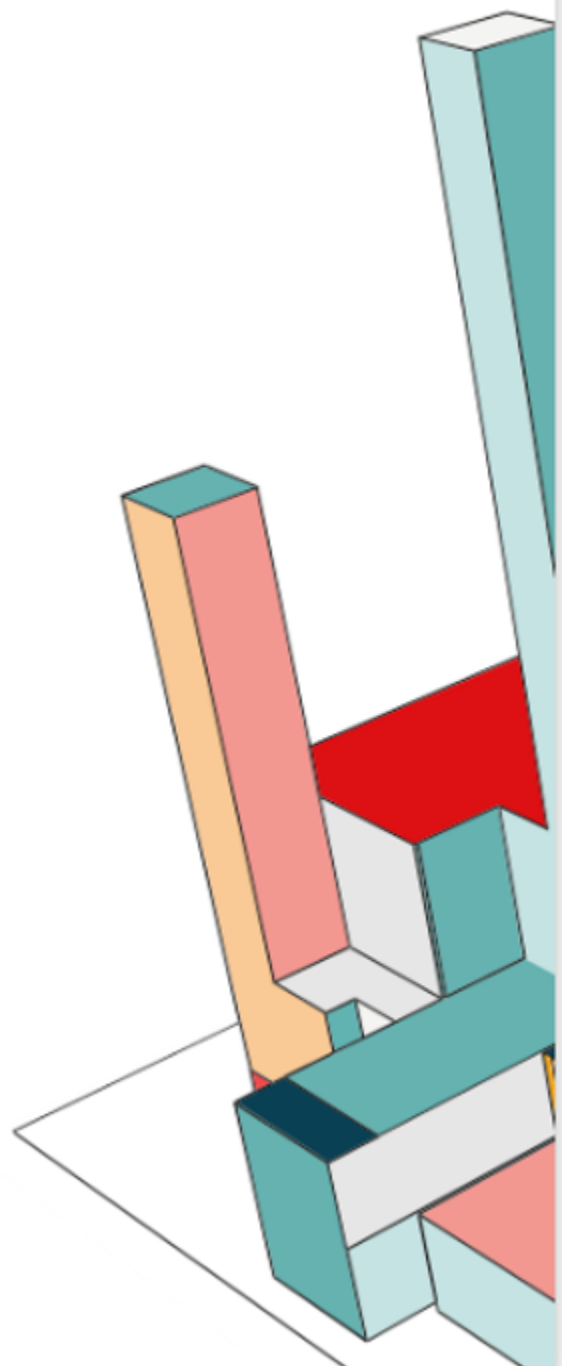
SHELBURNE BRIDGING THE GAP

A Participatory Action Research Project



INTRODUCTION – THE PLAYERS

- Coming from the CHB kitchen table talks, desire to act on issues.
- Need more information on community issues and barriers – Participatory Action Research
- Acadia University Researcher **Alicia Noreiga-Mundaroy**
- Community Connection **Davie Hartley**
- CHB Coordinator **Tomi McCarthy**
- Public Health **Lucinda Montizambert**
- Mental Health **Kelly Goudie**





OVERVIEW AND AIM

- **Identify the barriers** some Shelburne residents face when accessing vital services such as food, housing, transportation, and mental health care.
- Facilitate dialogue between community members and service providers to **foster mutual understanding**.
- **Co-create actionable solutions** with service providers to improve accessibility to essential services for all residents.
- Assess community members' perceptions of the **effectiveness of the engagement** and information-sharing process.



COMPONENTS AND TIMELINE

Phase	Description	Timeline
Phase 1: Preparation and Community Engagement	Build relationships with key stakeholders, secure ethics approval, develop funding proposal and recruitment protocol, community training	April - June 2025
Phase 2: Focus Group Interviews	Four sessions focused on a wide range of hard-to-reach voices; youth, 2SLGBQ+ seniors, Indigenous, newcomers, Black residents, persons with disabilities and low income.	July - Sept 2025
Phase 3: Information sessions	Information sharing sessions with local service providers. Creating a space for two-way communication and actionable dialogue while building trust	Oct - Dec 2025
Phase 4: Interviews and Evaluation	Post session interviews with participants	Jan - March 2026
Phase 5: Reporting and Further Action Planning	Understanding and removing barriers, more responsive and equitable systems of support	March 2026 - ongoing

HOW YOU CAN GET INVOLVED

- Sponsor a session (venue, refreshments, transportation)
- Help recruit hard to reach participants
- Provide funding
- Fund a student placement as research assistant
- Use the research to advocate for your community



QUESTIONS??

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