

Shelburne Community Partners / Nova Scotia Health Update

March 2026

Ultrasound Unit has arrived

- The new ultrasound unit has arrived. The equipment is on-site with staff preparing to begin operations and patient exams. Renovations are required to the disinfection space to accommodate the high level of cleaning needed on probes used for intracavitary exams (ultrasonographic imaging in which the transducer is inserted into a body cavity).
- While this renovation work is being completed, we will still be able to do most other non-invasive exams with appointments starting to be booked for early March. The service will launch as part-time with plans to increase as staffing is put in place.
- Huge thanks to the Roseway Hospital Charitable Foundation and all the community donors who have done so much to make this a reality.



Emergency department medication system in place

- Renovations are complete in the emergency department trauma room to accommodate the new Pxyis medication delivery system. The redesigned room looks great and is a more appropriate workspace for teams. Pxyis is an automated dispensing system that provides secure storage and electronic tracking of medications allowing for safer patient care.



Roseway staff train on the new LUCAS unit

Equipment helps patients and staff

- The LUCAS compression unit that was purchased by the Roseway Auxiliary has arrived and staff training is now complete. The unit is located in the Emergency Department and used during cardiac arrests. As noted in the last Community Partners report, the Lund University Cardiopulmonary Assist System (LUCAS) device provides mechanical chest compressions to patients in cardiac arrest. It provides more consistent compressions and eliminates the physical strain of doing CPR by hand. Thank you to the Auxiliary.

- Speaking of renovations, we are currently looking into what work would need to be done on the Medical Unit to install a walk-in shower for patients.

Virtual Urgent Care – daily from 8 a.m. – 8 p.m. (patients registered up to 7 p.m.)

- Roseway Hospital continues to be a leader in Western Zone in patient use of Virtual Urgent Care, while the Western Zone consistently leads the province.
- Since it was launched, the service has been led by clerical support staff, who have helped patients through their virtual/online appointments. The service will soon transition to become led by a Licensed Practical Nurse (LPN) over the next month or so. Hiring for the new positions is underway. This means patients will be supported by a local, on-site LPN working with a physician over the computer. This will help provide a more consistent patient experience with other sites that offer Virtual Urgent Care.

Staffing highlights

- Welcome to three new graduate Licensed Practical Nurses who have joined the team at Roseway Hospital. The three new LPNs are well into their orientation and already making a difference for patients.
- We continue to host clinical placements for RN students, LPN students and CCA students. This continues to be a good recruitment tool. Nursing recruitment continues and we are currently conducting interviews for positions.
- Congratulations to our new Internationally Educated Nurse (IEN) who is currently going through orientation and is now a fully licensed Registered Nurse. The nurse recently passed the NCLEX - National Council Licensure Examination – which is the standardized exam used in Canada to determine if nursing graduates can practice. Great work.
- Our newest Diagnostic Imaging (DI) Technologist has also recently passed the required licensing exam. Everyone at Roseway Hospital is thrilled to have these newly qualified providers join our team.



- Dr. Francis Balogun has accepted the position of Medical Site Lead at Roseway Hospital. Dr. Balogun relocated to Shelburne, Nova Scotia, in March 2024 with his wife and two daughters and currently practices full-scope family medicine across community, hospital and long-term care settings. He serves as Chief Medical Director of Roseway Manor Nursing Home in Shelburne and Surf Lodge Nursing Home in Lockeport. Thank you for your continued service Dr. Balogun

“THANK YOU” to our friends and partners

- Staff and physicians of Roseway Hospital / Shelburne Family Practice want to express sincere thanks to our community partners such as the Municipality of Shelburne for their frequent demonstrations of support and deliveries of special treats. This is always enjoyed and appreciated.

Primary Health Update

- Shelburne Family Practice continues to be home to four physicians serving the region - Dr. Balogun, Dr. Khan, Dr. Alenabi and Dr. Onwubuariri. With Dr. Fatokun relocating to another area of Nova Scotia last fall, all of his patients are being transferred to other providers either in Shelburne or Barrington.
- A physician assistant has been hired and will start in March 2026, working with Dr. Balogun and Dr. Khan. The role of physician assistant is growing in Nova Scotia, and we look forward to welcoming this new provider to the team.

- **What is a physician assistant?** Physician assistants are highly trained medical professionals with advanced clinical education who work alongside physicians and healthcare teams to diagnose and treat illnesses, provide preventive care, and support chronic disease management. This nationally certified profession is a growing part of primary health care. Learn more:

<https://www.nshealth.ca/documents-and-reports/what-physician-assistant>

- Renovations to the Barrington Community Health Clinic are now underway. The work is being done to create two additional patient exam rooms. These new spaces will help support recruitment in the area and also provide an exam room for Dr. Alenabi who is seeing patients two days each week in Barrington.

New patients accepted by Shelburne Family Practice

- **475 patients** have been rostered to a nurse practitioner or family physician since last report (November 2025). These include patients from the area who were on the Need a Family Practice Registry.

Well Women Clinics

- A Well Women Clinic in Barrington on December 2, 2025 was well attended. As always, we appreciate our community partners sharing dates/locations of these clinics. Clinics offer services such as pap tests, breast exams, contraceptive counselling, and sexual health care services for patients with or without a provider by appointment. Check the Shelburne Family Practice Facebook page -OR- or call **902-875-2321**.



Physician Assistant

Physician assistants are highly trained medical professionals with advanced clinical education who work alongside physicians and healthcare teams to diagnose and treat illnesses, provide preventive care, and support chronic disease management. This nationally certified profession is a growing part of primary health care.

A physician assistant can:

- ✓ Assess, diagnose, and develop treatment plans, in collaboration with a supervising physician.
- ✓ Provide preventive care and patient education.
- ✓ Prescribe medications within their scope.
- ✓ Collaborate with healthcare teams for comprehensive care.
- ✓ Perform minor procedures (e.g., suturing, wound care)
- ✓ Order and interpret diagnostic tests.
- ✓ Support chronic disease management.



Note: Each team member may have different skills and responsibilities, and their role may vary depending on the needs of the community or clinic.

May 2025

Hello! I'm
Emma

About Me

I am a Registered Social Worker. Originally from Newfoundland, I'm proud to now call Shelburne home.

Throughout my social work career, I have had the privilege of working with a diverse range of individuals, and I am committed to providing strength-based and trauma-informed support that ensures people feel heard, respected, and empowered in their lives.

How I Can Support

- Helping find and access relevant services and supports based on your needs and goals
- Supporting with skills for self-advocacy, as well as advocate on your behalf as appropriate
- Providing brief, solution-focused counselling for mild mental health, grief, loss, or situational concerns



Health Care Social Worker

How to Connect

I can support people with a primary provider (Physician or Nurse Practitioner) at this clinic or people who do not have a primary provider.

To connect with me, you can talk to your healthcare provider or you can also self-refer by asking reception to book a visit.

I work out of the Shelburne Family Practice, including the Barrington Office

I look forward to connecting with you!

New Social Worker settling in as part of the Shelburne Family Practice team

Primary Care Clinics – November 2025 to January 2026

- Georg MacDonald, Nurse Practitioner, provides Primary Care Clinic services for people in Shelburne County who do not have a regular family provider. She also provides a weekly clinic in Lockeport on Thursday. Angelina DeMings, Nurse Practitioner, provides a weekly clinic at the Clark's Harbour Clinic on Monday.
 - **210 patient visits - Shelburne Primary Care Clinic**
 - **46 patient visits - Lockeport Clinic visits (Thursdays)**
 - **104 patient visits - Clarks Harbour Clinic visits (Mondays)**

Shelburne Same Day Clinic

- The Shelburne Same Day Clinic continues to operate Saturdays and Sundays from 8 a.m. to 4 p.m. There are approximately 18 appointments available each clinic day.
- Same day appointments are provided for urgent, non-life threatening issues. Many patients being seen have a primary care provider or could more appropriately receive care in a non-hospital setting. People with a primary care provider should always contact their provider first when seeking care. Other options in the area include:
 - [Virtual Urgent Care](#) at Roseway Hospital, **Monday to Sunday, from 8 a.m. to 8 p.m.** (patients accepted up to 60 minutes before closing)
 - Community pharmacy primary care clinic at TLC Pharmasave in Shelburne: <https://pans.ns.ca/CPGCC>
 - Shelburne Primary Care Clinic: 902-875-2321 to ask about available appointments
 - [VirtualCareNS | Nova Scotia Health](#)
 - YourHealthNS can help people in Shelburne / Shelburne County navigate the different options to access care. Download the app on a mobile device, or visit on computer: <https://www.yourhealthns.ca/>

Mental Health and Addictions Services

- Our Child and Adolescent clinical team offers “*Chilled Group*” - a free 10 session evidence-based group program for teens who want to build skills to better manage anxiety, increase confidence and independence. There may be optional opportunities for caregivers to attend a parent session focused on parenting teens with anxiety.
- To connect with Mental Health call Central Intake: **1-855-922-1122** to book a Choice appointment. After being seen for a Choice appointment, you will meet with a group facilitator where you will have an opportunity to set goals for group and make sure the Chilled Group is the right fit for you. *For those already connected with Mental Health, speak with your partnership clinician to get connected with a Chilled group facilitator to be screened for group.*
- Welcome to Dr. James Brown, child and adolescent psychiatrist, to our team. He is seeing children/adolescents from Shelburne / tri-counties who have been referred to him by primary care providers (following the intake pathway) and/or patients connected to our therapy clinic as a specialty service.



Welcome

The Mental Health & Addictions Team would like to wish a warm welcome to Dr James Brown, our new C&A Psychiatrist. Dr Brown began with us on January 26th.

Welcome to the Team Dr. Brown!

In the news...

- Western Zone recruiter Rebecca Cassidy and Dr. Nicole Boutilier, Nova Scotia Health's Executive Vice President of Medicine and Clinical Affairs, landed in Dublin for the Canadian Society of Physician Recruitment (CASPR) conference in Fall 2025. Rebecca's work in the Northwest Europe continued, attending CASPR in London to recruit physicians practicing in the UK to come practice in Nova Scotia.



- Recruiter Patti Smith and Dr. Sam Hickox, Office of Mental Health and Addictions attended the Canadian Society of Addiction Medicine 2025 Scientific Conference. The team worked to engage and recruit physicians specializing in addiction medicine.

Community Wellness Fund applications now open

- Shelburne County Community Health Board (CHB) encourages local organizations to apply for the Community Wellness Fund. The fund provides up to \$3,500 for community-led health and wellness projects that help people live healthier lives. If you know of an innovative non-profit initiative that would benefit from financial assistance and has not been previously supported by a wellness fund, now is the time to apply.
- For application information, visit: www.communityhealthboards.ns.ca/wellness-funds.
- The deadline for applications is Wednesday, April 15 at 5 p.m.